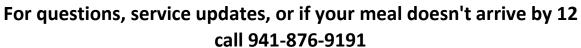


## North Port Meals on Wheels Menu - January 2025





United Way of South Sarasota County

Call before noon the prior business day to cancel your meal or you will be charged. No substitutions

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
		HAPPY 📆	Stuffed Chicken Breast	Turkey w/gravy & stuffing	Beef Stroganoff	Stuffed Peppers
		NEW YEAR	Scalloped Potatoes	Sweet Potatoes	w/mushroom gravy	Rice
		2025	Broccoli	Peas	Green Beans	Mixed Vegetables
			Mixed fruit & Salad	Pears	Corn, Dessert	Banana, Salad
5	6	7	8	9	10	11
	Macaroni-Beef Bake	Meatloaf	Ham & Sclpd Potatoes	Manicotti w/Meat Sauce	Chicken Piccata	Chicken Sandwich
	Dinner Roll	Roasted Potatoes	Corn, Grn Beans	Roll	w/Mushrooms	Sweet Potato fries
	Carrots	Mixed Veggies	Applesauce,	Broccoli	Rice, Peas	Tomato/Pickle
	Applesauce, Salad	Pears	Salad	Mixed Fruit	Dessert	Banana, Salad
12	13	14	15	16	17	18
	Swedish Meatballs	Chicken Salad	BBQ Chicken Breast	Lasagna	Ham w/Raisin Gravy	Pork Fritter w/ gravy
	& Noodles	Tomato Wedges	Scalloped Potatoes	Broc/Cauli Mix	Sweet Potatoes	Mashed Potatoes
	Peas	3 Bean Salad	Green Beans	Roll	Corn	Mixed Vegetables
	Carrots, Pears, Salad	Mandarin Oranges	Peaches Salad	Mixed Fruit	Dessert	Banana, Salad
19	20	21	22	23	24	25
	Chicken Parmesan	Ham & Egg Brkfst Bake	Chicken Alfredo w/Pasta	Pasta w/ tomato sauce &	Chicken Fajita Casserole	Hamburger on Bun
	Peas	Biscuit	Broccoli	meatballs	Mexicorn	Tomato/Pickle
	Carrots	Hot Apples	Cauliflower	Mixed Vegetables	Corn Muffin	Sweet Potato Fries
	Applesauce, Salad	Yogurt	Pears, Salad	Mixed Fruit	Dessert	Banana, Salad
26	27	28	29	30	31	February 1
	Country Fried Chicken	Smoked Sausage	Stuffed Chicken Breast	Turkey w/Gravy & Stufg	Beef Stroganoff	Stuffed Peppers
	Mashed Potatoes	Roll, Peppers/Onions	Scalloped Potatoes	Sweet Potatoes	w/Mushroom Gravy	Rice
	Carrots & Mixed fruit Salad	Green Beans	Broccoli	Peas	Green beans	Mixed Vegetables
		Peaches	Mard. Oranges & Salad	Pears	Corn, Dessert	Banana, Salad
	PHILANTHROPIC TRUST		BANK OF AMERICA Publix		HERON CREEK	THE / CNICC GOLF AND COUNTRY CLUB