














North Port Meals on Wheels Menu - February 2025

For questions, service updates, or if your meal doesn't arrive by 12
call 941-876-9191



United Way
of South Sarasota County

Call before noon the prior business day to cancel your meal or you will be charged. No substitutions

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
						1 Stuffed Peppers Rice Mixed Vegetables Banana, Salad	
2 	3 Macaroni-Beef Bake Dinner Roll Peas, Mand Oranges Salad	4 Chicken Pot Pie Hot Apples Buttered Beets Peaches	5 Roasted Pork Loin Sweet Potatoes Veg Blend Applesauce, Salad	6 Salisbury Steak Mashed Potatoes Carrots Mixed Fruit	7 Teriyaki Pineapple Chicken White Rice Broccoli, Dessert	8 Chicken Tenders Roasted Potatoes Mixed Vegetables Banana, Salad	
9 	10 Sloppy Joes Corn, Mand Oranges Peas Salad	11 Meatloaf Roasted Potatoes Broccoli Pears	12 Ham & Scpld Potatoes Carrots Green Beans Applesauce, Salad	13 Manicotti w/Meat Sauce Roll Vegetable Blend Mixed Fruit	14 - Valentine's Day Chicken Piccata w/Mushrooms Rice, Corn Dessert 	15 Chicken Sandwich Sweet Potatoe Fries Tomato/Pickle Banana, Salad	
16	17 - President's Day Swedish Meatballs & Noodles Peas Carrots, Pears Salad 	18 Chicken Salad Tomato Wedges 3 Bean Salad Mandarin Oranges	19 BBQ Chicken Breast Scalloped Potatoes Green Beans Peaches Salad	20 Lasagna Broc/Cauli Mix Roll Mixed Fruit	21 Ham w/Raisin Gravy Sweet Potatoes Peas Dessert	22 Hamburger on Bun Tomato/Pickle Roasted potatoes Banana, Salad	
23	24 Chicken Parmesan & Pasta Peas, Corn Applesauce, Salad	25 Ham & Egg Brkfst Bake Biscuit Hot Apples Yogurt	26 Chicken Alfredo w/Pasta Broccoli Carrots Pears, Salad	27 Pasta w/meatballs in a tomato sauce Mixed Vegetables Roll & Mixed Fruit	28 Chicken Fajita Casserole Mexicorn Corn Muffin Dessert	March 1 Pork Fritter w/ gravy Mashed Potatoes Mixed Vegetables Banana, Salad	
			 				 

Menu may change without notice, Sugar-free desserts available Fridays - Breads and Pastries distributed based on a generous contribution from Publix as available
menu also available on our website: <http://nptomw.org/menu>

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