



North Port Meals on Wheels Menu - December 2024

For questions, service updates, or if your meal doesn't arrive by 12

call 941-876-9191



United Way
of South Sarasota County

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1	2 Sloppy Joes & bun Corn Peas Mand Oranges, Salad	3 Chicken Pot Pie Hot Apples Buttered Beets Salad	4 Roasted Pork Loin Sweet Potatoes Veg Blend Applesauce, Salad	5 Salisbury Steak Mashed Potatoes Green Beans Mixed Fruit	6 Teriyaki Pineapple Chicken White Rice Broccoli, Dessert	7 Chicken Tenders Tater tots Mixed Vegetables Banana, Salad	Call before noon the prior business day to cancel your meal or you will be charged No substitutions
8	9 Macaroni-Beef Bake Dinner Roll Carrots Applesauce, Salad	10 Meatloaf Roasted Potatoes Broccoli Pears	11 Chicken Alfredo w/Pasta Broccoli Cauliflower Pears, Salad	12 Smoked Sausage Roll, Peppers/Onions Baked Beans Applesauce	13 Chicken Piccata w/Mushrooms Rice, Peas Dessert	14 Chicken Sandwich Tater Tots Tomato/Pickle Banana, Salad	
15	16 Swedish Meatballs & Noodles Peas Carrots, Pears, Salad	17 Chicken Salad Tomato Wedges 3 Bean Salad Mandarin Oranges	18 BBQ Chicken Breast Scalloped Potatoes Green Beans Peaches Salad	19 Lasagna Brocc/Cauli Mix Roll Mixed Fruit	20 Country Fried Chicken Sweet Potatoes Peas, Dessert	21 Pork Fritter w/ gravy Mashed Potatoes Mixed Vegetables Banana, Salad	
22	23 Chicken Parmesan Peas Carrots Applesauce, Salad	24 Ham & Egg Brkfst Bake Biscuit Hot Apples Yogurt	25 Ham w/Raisin Gravy Scalloped potatoes Green Beans & Roll Dessert	26 Beef Meatballs Pasta w/Tomato Sauce Mixed Vegetables Mixed Fruit	27 Chicken Fajita Casserole Mexicorn Corn Muffin Dessert	28 Hamburger on Bun Tomato/Pickle Tater Tots Banana, Salad	
29	30 Manicotti w/Meat Sauce Roll Veg Blend Mixed Fruit	31 Smoked Sausage Roll, Peppers/Onions Baked Beans Applesauce	January 1 Stuffed Chicken Breast Scalloped Potatoes Broccoli Mixed Fruit	2 Turkey w/Gravy & Stufg Sweet Potatoes Peas Pears	3 Beef Stroganoff w/Mushroom Gravy Green Beans Corn, Dessert	4 Stuffed Peppers Rice Mixed Vegetables Banana, Salad	
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Menu may change without notice, Sugar-free desserts available Fridays - Breads and Pastries distributed based on a generous contribution from Publix as available
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